



2025 Happy Workplaces Conference Timetable

Thursday 12th June, Happy's HQ in Aldgate

10:00	Introductions and ice breaker (Using Wild Tea)
10:25	Ben Clarkson Turning errors into assets: Building a culture of trust by celebrating mistakes
11:05	Putting Happy's ideas into practice
11:10	Sophie Bryan The Power of sexual energy in the workplace: A new paradigm for happiness and success at work
11:50	Break
12:05	Putting Happy's ideas into practice
12:10	Kelly McGovern Empowerment in action: Fostering a positive nursing environment
12:50	Lunch
13:35	Post-lunch energiser: Salsa dancing
13:55	Leanne Davies and Sonali Kumarakulasinghe How emotions enable our success at work
14:45	Break
15:00	Dr. Srikumar Rao How to achieve great success while remaining serene as a zen monk
16:00	Creating happy workplaces (using 25/10)
16:25	What will you take away from this event? (Using Conversation Café)
16:45	Conclusion
17:00	Networking drinks and Happy's Employee Ownership Trust celebration

