

# happy Cultural Planner 2025

	Secular Days		Hindu		Rastafarian
	UK Bank Holidays		Bahá'í		Japanese / Shinto
	Christian		Zoroastrian / Persian		Jewish
	Jain		Chinese / Taoist		Muslim
	Neo Pagan / Wiccan		Sikh		Buddhist
					Other

	January	February	March	April	May	June	July	August	September	October	November	December
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Hi, we're Happy

... leading a movement to create empowered and productive workplaces.  
How can we help you and your people to find joy in at least 80% of your work?



☼ Bahai	
25-Feb	☉ ☽ <b>Ayyám-i-Há (Intercalary Days)</b>
28-Feb	☉ ☽ <b>Ayyám-i-Há end</b>
1-19 Mar	F Feast of Ala (Start of Nineteen Day Fast)
20-Mar	☉ ☽ <b>Naw-Rúz</b>
20-Apr	☉ ☽ <b>1st Day of Ridvan (Holy day)</b>
28-Apr	☉ ☽ <b>9th Day of Ridvan (Holy day)</b>
01-May	☉ ☽ <b>12th Day of Ridvan (Holy day)</b>
23-May	☉ ☽ Declaration of the Báb
28-May	☉ ☽ Ascension of Bahá'u'lláh
9-Jul	☉ ☽ Martyrdom of the Báb
22-Oct	☉ ☽ <b>Birth of the Báb</b>
23-Oct	☉ ☽ <b>Birth of Bahá'u'lláh</b>

☸ Buddhist Mahayana (M) Theravada (Th) Tibet (T) (A) Generally celebrated on the nearest w/e in UK	
14-Jan	Mahayana New Year (M)
15-Feb	<b>Nehan-e/Nirvana Day (M)</b>
14-Mar	Cho Trul Duchon (T) (Full Moon)
17-Mar	Higan-e (M)
08-Apr	<b>Hana Matsuri (M)</b>
12-May	AL <b>Vesak (A)</b>
11-Jun	<b>Saka Dawa (T) (Full Moon)</b>
10-Jul	Asalha Puja / Dharma Day (Full Moon)
19-Sep	Higan-e (M)
07-Oct	Kathina (TH) (Full Moon)
11-Nov	Lhabab Duchon (T) (Full Moon)
08-Dec	<b>Jodo-e/Rohatsu/Bodhi Day (M)</b>

£ Bank Holidays (UK)	
1-Jan	New Year's Day
2-Jan	New Year Holiday (Scot only)
17-Mar	St Patrick's Day (NI only)
18-April	Good Friday
21-Apr	Easter Monday (not Scot)
5-May	Early May Bank Holiday
26-May	Spring Bank Holiday
14-Jul	Battle of the Boyne (NI only)
4-Aug	August Bank Holiday (Scot only)
25-Aug	August Bank Holiday (not Scot)
01-Dec	St Andrew's Day (Scot only)
25-Dec	Christmas Day
26-Dec	Boxing Day

✝ Christian — Western, Roman Catholic & most Protestant	
<b>Respect</b> Roman Catholic No meat on Fridays or Ash Weds during Lent (fish allowed), observant RC may wish to take time off on Holy Days of Obligation, especially those marked* (others not shown).	
5-Mar	F Ash Wednesday* (start of Lent, ends 17th Apr)
13-April	Palm Sunday (Holy Week starts)
18-Apr	<b>Good Friday*</b>
20-Apr	<b>Easter Sunday</b>
8-Jun	Pentecost*
25-Dec	R <b>Christmas Day</b>
31-Dec	Watch Night (Pentecostal, not RC)

✝ Christian — Eastern Orthodox	
<b>Respect</b> Many strict fasts-Great Lent most observed.	
7-Jan	AL Nativity of the Lord (Orthodox Christmas)
8-Jan	Replacement Day
3-Mar	F Start of Great Lent (ends 19th Apr)
13-Apr	Palm Sunday (Holy Week starts)
18-Apr	AL <b>Holy Friday</b>
20-Apr	<b>Pascha (Orthodox Easter)</b>
15-Jun	<b>Pentecost / Trinity Sunday</b>

✝ Jehovah's Witness	
12-Apr	Lord's Evening Meal

✝ Church of Jesus Christ & Latter Day Saints (Mormon)	
<b>Respect</b> No coffee / tea / alcohol. No work on Sundays	
24-Jul	<b>Pioneer Day</b>

✝ Aladura	
22-Aug	F <b>Grand Finale of Tabieorar Period</b> (end of 13 days of fasting)

✝ Seventh-Day Adventists	
<b>Respect</b> Mostly vegetarian, no pork, shellfish, caffeine, alcohol. No festivals/holy days other than Sabbath.	
☉ ☽ <b>Sabbath</b> (every Sat — starts sunset Friday)	

☼ Neo Pagan / Wiccan	
1-Feb	☽ Imbolc
20-Mar	Ostara
1-May	<b>Beltane</b>
24-Jun	Litha (Midsummer's Day)
1-Aug	Lughnasadh
22-Sep	Mabon (9 days)
31 Oct	☽ <b>Samhain (2 days)</b>
21-Dec	Yule (12 days ends 1 Jan)

☯ Chinese / Taoist Spring & Autumn Golden Week Holidays vary by region	
29-Jan	<b>Chinese New Year (Snake)</b>
30-Jan	<b>Start of Spring Golden Week</b>
12-Feb	<b>Yuan Xiao (Lantern Festival)</b>
11-Mar	Zhonghe (Blue Dragon Festival)
4-Apr	Qingming (Tomb Sweeping Day)
31-May	Duanwu (Double 5th/Dragon Boat Festival)
29-Aug	Qixi (Double 7th or Chinese Valentine's Day)
6-Sep	Zhongyuan (Hungry Ghost) Festival
1-Oct	Start of Autumn Golden Week
6-Oct	Mid-Autumn (Mooncake) Festival
29-Oct	Chongyang (Double Ninth) Festival
22-Dec	Dongzhi Festival (Winter Solstice)

☯ Hindu	
<b>Respect</b> Majority are lacto-vegetarian/vegan. Sunrise to sunset fasts are common.	
14-Jan	F Makar Sankranti/Pongal (4 days)
26-Feb	F Maha Shivaratri
14-Mar	F ☽ <b>Holi</b>
30-Mar	F Navratri (9 days)
6-Apr	F Rama Navami
9-Apr	F Hindu New Year
12-Apr	F Hanuman Jayanti
9-Aug	F <b>Rakhi/Raksha Bandhan</b>
16-Aug	F ☽ Krishna Janmashtami
27-Aug	F Ganesh Chaturthi
2-Oct	F <b>Dussehra (India) Dashain (Nepal)</b>
20-Oct	F AL <b>Deepawali/Diwali</b> (5 days to the last 2 fasts)

✋ Jain Depends on location — This list for London	
26-Jan	Meru Trayodashi
12-Mar	<b>Phalguna Chaumasi Chaudas</b>
22-Mar	Varshitapa Arambha
1-Apr	<b>Mahavir Swami Jayanti</b>
30-Apr	Varshitapa Parana
9-Jul	Ashadha Chaumasi Chaudas
20-Aug	F AL <b>Paryushan</b> (9 day fast, final day festival)
27-Aug	Samvatsari Parva
20-Oct	Lakshmi Puja
22-Oct	<b>Gujarati New Year</b>
4-Nov	Kartika Chaumasi Chaudas
5-Nov	<b>Kartika Ratha Yatra</b>

✚ Japanese/Shinto — A selection of major & well-known festivals. Many regional festivals inc. Golden Weeks. Dates & significance may vary by region	
1-Jan	<b>Gantan-sai/Oshōgatsu (New Year's Day)</b>
1-Jan	Hatsumode (First Shrine Visits of the year)
15-Jan	Dōsojin (Fire Festival)
3-Feb	Setseben Sai (Bean Scattering/Spring Festival)
8-Apr	Hana-Matsuri (Flower Festival)
29-Apr	<b>Shōwa no Hi (Emperor Hirohito's Birthday)</b>
5-May	<b>Kodomo no Hi (Children's Day)</b>
13-Aug	<b>Obon (Festival of Souls, 3 days)</b>
15-Sep	Keirō no Hi (Respect for the Aged Day)
3-Nov	<b>Bunka no Hi (Culture Day)</b>
31-Dec	Ōmisoka (New Year's Eve)

✚ Jewish	
<b>Respect</b> Kosher.	
☉ ☽ <b>Sabbath</b> (every Sat — starts sunset Fri)	
1-Jan	AL ☽ Chanukah (2 days)
14-Mar	☽ <b>Purim</b>
13-Apr	AL ☽ <b>Pesach / Passover (8 days)</b> ☉ No work permitted 1st & last day. Work restrictions other days.
2-Jun	AL ☽ Shavuot (2 days)
2-Aug	F ☽ Tish'a B'Av   3 wks. Fast on 1st & last days
23-Sep	AL ☽ <b>Rosh Hashanah (2 days)</b>
2-Oct	☉ ☽ <b>Yom Kippur (25hr fast)</b>
7-Oct	AL ☽ <b>Sukkot (7 days)</b> ☉ on days 1&2 Work restriction on days 6 & 7
14-Oct	AL ☽ Shemini Atzeret (2 days)
14-Dec	AL ☽ Chanukah (8 days)

☾ Muslim	
<b>Respect</b> Halal meat, no alcohol.	
27-Jan	☽ Isra and Mi'raj (starts in the evening)
28-Feb	F ☽ <b>Ramadan begins (30 days)</b>
26-Mar	F ☽ Laylatul Qadr (Night of Power)
30-Mar	AL ☽ <b>Eid al-Fitr - Ramadan ends</b>
6-Jun	AL ☽ Eid al-Adha
27-Jun	F ☽ Muharram / New Year (29 days)
5-Jul	F ☽ <b>Ashura</b>
4-Sep	AL ☽ Milad un Nabi (Mawlid)

☼ Zoroastrian Fasli calendar Dates may vary in Parsi or other Indian Communities	
30-Jan	☽ <b>Sadeh</b>
11-Mar	☽ Frawardigan (split into two 5 day halves)
16-Mar	☽ Frawardigan (split into two 5 day halves)
20-Mar	AL ☽ <b>Nouruz (Iranian New Year)</b>
20-Aug	☽ Khordad Sal
26-Dec	☽ Zartosht No Diso

☼ Rastafarian	
<b>Respect</b> Vegetarians/vegans I-tal dietary rules; no salt, alcohol, milk, or coffee.	
07-Jan	<b>Ethiopian Christmas</b>
21-Apr	<b>Groundation Day</b>
16-Jul	<b>Ethiopian Constitution Day</b>
23-Jul	<b>Birthday of Haile Selassie</b>
17-Aug	<b>Marcus Garvey's birthday</b>
11-Sep	<b>Ethiopian New Year's Day</b>
2-Nov	<b>Crowning of Emperor Selassie</b>

☼ Secular Days	
19-Jan	World Religion Day
25-Jan	Burns Night
27-Jan	Holocaust Memorial Day
February	LGBT History Month
14-Feb	Valentine's Day
01-Mar	St. David's Day
04-Mar	Shrove Tuesday (Mardi Gras)
08-Mar	International Women's Day
TBD	British Sign Language Week
17-Mar	St Patrick's Day
20-Mar	International Day of Happiness
30-Mar	Mother's Day (UK)
30-Mar	Clocks Go Forward
23-Apr	St. George's Day
5-May	Deaf Awareness Week (UK)
12-May	Mental Health Awareness Week
15-Jun	Fathers' Day
22-Jun	Windrush Day
October	Black History Month
27-Oct	Clocks Go Back
31-Oct	Halloween
05-Nov	Bonfire Night
11-Nov	Remembrance Day
30-Nov	St. Andrew's Day
03-Dec	International Day for People with Disabilities
26-Dec	Kwanzaa - African Diaspora (7 days ends 1Jan)
31-Dec	New Year's Eve/ Hogmanay

☼ Sikh Nanakshahi Calendar	
<b>Respect</b> Restrictions: Vegan & some dairy exceptions.	
5-Jan	Birth of Guru Gobind Singh
14-Mar	Nanakshahi New Year
14-Mar	<b>Hola Mohalla (3 days)</b>
14-Apr	AL <b>Vaisakhi (Birth of the Khalsa)</b>
16-Jun	Martyrdom of Guru Arjan Dev
20-Oct	Sri Guru Granth Sahib Ji
21-Oct	AL <b>Bandi Chhor Divas (Diwali)</b>
16-Nov	Birth of Guru Nanak
24-Nov	Martyrdom of Guru Tegh Bahdur
27-Nov	<b>Guru Nanak Dev Ji Gurbpurab</b>
24-Dec	Saka Sihind (three days)

AL Observant followers may wish to take the day off work

☽ Festival starts at sundown or first sighting of moon on the evening before

☉ Work prohibited by faith

© Compensation day if event occurs at weekend (eg UK Bank Hols)

F Fast: sunrise-sunset

Items in **bold** are major festivals

